



## Message from the Executive Director



Back when I worked as a community relations professional, I served on the board of an interfaith council that had been in existence for some 30 years. Times had changed since the founding of the council and it was going through a sort of midlife crisis. Some were questioning whether there was still a need for such an

organization, because the various faith groups seemed to be getting along fairly well (this was before the present spate of terrorist attacks on places of worship). A wise member of the interfaith board responded that if the organization didn't exist, we would have to create it: a place where people of different persuasions could come together for mutual support and understanding; a place to talk through their concerns. There would always be a need for a community of trusted fellows who could be counted on when *or if* the going got rough (as it has in recent times).

What does this have to do with HomeHaven? The analogy is that HomeHaven is that community of trusted fellows who can be counted on if *or when* the path ahead gets a bit rockier than we are accustomed to. We don't have to go it alone. We have all aged out of the comfortable, familiar place called "middle age," and much as we wish it were so, 75 is *not* the new 45. Though we come to HomeHaven with different experiences, much like the diverse faith groups on the interfaith council, we share a desire to age successfully and independently. We want to enjoy our hard-won leisure time and receive the help we need and deserve, and many of us want opportunities to use our talents and be of service.

With our six villages, HomeHaven is part of the growing "village" movement of more than 300 villages.

Each of the thousands of members across the country has decided to break through the isolation endemic to modern society and be part of something more.

In any given week, HomeHaven members eat ethnic meals together, read memoirs to each other, go to an art exhibit, give and receive rides to the doctor or help with a computer, visit or walk together, attend a presentation about some aspect of growing older, or simply meet for coffee and a chat. Calls come into our office daily requesting information and referrals about home maintenance and home health services. Eleven committees meet throughout the month. The office is the hub of a truly vibrant community. These interactions build trust and a kind of respectful, neighborly intimacy.

*continued on page 2*

## IN THIS ISSUE:

New Members .....	page 2
Edgerton Park Picnic .....	page 3
Health Matters .....	page 4
Household Committee.....	page 5
Computer Connection .....	page 6
Linking Up.....	page 6
Volunteer Voices .....	page 7
Village Verse.....	page 8
Birthdays.....	page 8
Activities & Village News.....	page 9
Events.....	page 10

HomeHaven is a resource you can count on. We ask that you tell your friends and associates why you joined and invite them to an activity. Share our wonderful newsletter and show them the website. Tell them why you continue to renew. Because the sad truth is, we lose members to illness and infirmity; not surprisingly, we lose members to relocation. We continually need to bring in new members to maintain and sustain the organization. We hope you will help us bring in the next generation to keep HomeHaven going strong so that we will be there when you need us.



Lauri J. Lowell

## Introducing New Members

*HomeHaven is delighted to welcome the following members who joined us last month.*

Herb & Elin Brockman ~ Hamden



## HomeHaven News

Ellen R. Brainard, *Editor*  
[erbrainard@gmail.com](mailto:erbrainard@gmail.com)

Jane Jervis, *Associate Editor*  
[hhjervis@gmail.com](mailto:hhjervis@gmail.com)

Published by HomeHaven, Inc.  
291 Whitney Avenue, Suite 103  
New Haven, Connecticut 06511  
203.776.7378

[info@homehavenvillages.org](mailto:info@homehavenvillages.org)

Layout and design by PIROET

## HomeHaven's Mission Statement

***We help our members remain active, independent, and productive as they grow older in the comfort of their homes and communities. We provide social and educational activities, companionship, volunteer opportunities and services, and referrals to qualified professionals.***

### PLEASE JOIN US!

For information, call the  
HomeHaven office at 203.776.7378  
Email [info@homehavenvillages.org](mailto:info@homehavenvillages.org)  
or stop in at  
291 Whitney Avenue, Suite 103  
New Haven, Connecticut 06511

***"The best way to find yourself, is to lose yourself in the service of others."***

- Mohandas Gandhi

## ... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 57 rides by volunteer drivers
- 37 visits by volunteer visitors
- 6 computer assists by volunteer computer helpers
- 30 referrals to volunteers or vetted providers for household help

Note: Members often call a service provider more than once without informing the office. You can help us keep accurate records by always letting us know each time you use a provider we recommended. ***It's important!!***

*Look for monthly reports giving rolling three-month totals.*



## *Edgerton Park Picnic — June 19, 2019*

For the second year in a row, threatening skies sent us indoors for the annual HomeHaven picnic, but we are fortunate to have the use of a space where this all-village event can go on, rain or shine. As usual, the room resounded with conversation and the buffet was laden with tasty offerings. But why were the potted marigold centerpieces at our tables encircled by

little toy cars? Party favors? Had we entered our second childhoods?? But no—their message was a serious one: “HomeHaven needs more volunteer drivers!” Although a good number who already volunteer stood up and received our grateful applause and Lauri’s thanks, more are needed. For information or to sign up, please call the office.

Photos by Bill Brainard and Celeste Markle



# HEALTH MATTERS: Climate Change and Your Health

by Pat Jackson Allen

Recently, the World Health Organization released a report titled *Climate Change and Health* <https://www.who.int/news-room/fact-sheets/detail/climate-change-and-health>. This report identifies the key health consequences associated with world climate change that affect the social and environmental determinants of health: clean air, safe drinking water, sufficient food, and secure shelter. These changes are not limited to the developing world but affect us here in the United States. A scientific report published in 2016 entitled *The Impact of Climate Changes on Human Health in the United States* (<https://www.globalchange.gov/browse/reports/impacts-climate-change-human-health-united-states-scientific-assessment>) identified the major drivers of climate change affecting human health as increased temperatures, precipitation extremes, extreme weather events, and increased sea level elevation. These changes result in heat-related illness, cardiopulmonary illness associated with poor air quality, vector-borne diseases, and issues with food safety, all more potentially hazardous in older individuals.

**Extreme Heat.** Older individuals are less able to adjust their core body temperature to changes in environmental temperature. Dehydration and heat stroke are more common in older adults who may not recognize the hazards of heat events or have access to adequate fluids and temperature-controlled environments. Chronic health conditions such as diabetes and heart or lung disease increase the risk for dehydration and heat stroke.

**Air Quality/Air Pollution.** Changes in the climate affect the air we breathe, both indoors and outdoors. Both ground-level ozone (O<sub>3</sub>), which increases with rising temperature, and fine particulate matter that can be deposited in our lungs from increasing air pollution, affect our cardiopulmonary systems, increasing the work of breathing and cardiac function. Wildfires, a frightening consequence of changing temperature and precipitation patterns, are a major source of airborne particulate matter. During the 2018 forest fires in California, the San Francisco Bay Area was found to have the unhealthiest air quality in the world.

In addition, increasing temperatures and carbon dioxide levels, and altered precipitation patterns, contribute to increased levels of airborne allergens, with associated increases in asthma and other allergic conditions.

**Vector-Borne Diseases.** These illnesses are transmitted by mosquitoes, ticks, and fleas and include viruses, bacteria, and protozoa which can be transferred from one host (carrier) to another. As temperatures rise, the

geographical area supporting the life cycle for these vectors has enlarged. Lyme disease, other tick-borne diseases, and West Nile disease are well established vector-borne diseases in our area, but rising temperatures in the southern United States now support other conditions such as malaria, Zika virus, and Dengue fever. Older individuals exposed to these conditions frequently develop more serious symptoms or complications to pre-existing chronic health conditions.

**Food Safety.** The impact of climate change on food production, prices, and safety has been reviewed extensively in *Climate Change, Food Security, and the U.S. Food System* (<https://www.usda.gov/oce/climate-change/FoodSecurity2015Assessment/FullAssessment.pdf>). Warmer temperatures can result in greater food spoilage and contamination. Temperature and precipitation extremes, such as flooding, can increase pathogen load and alter weed, insect, and fungal populations, resulting in increased pesticide use. Rising carbon dioxide concentrations can lower the levels of protein and essential minerals in widely consumed crops such as wheat, rice, and potatoes, as well as alter the incidence and distribution of pests, parasites, and microbes. The Center for Disease Control and Prevention estimates that 48 million people get sick, 128,000 are hospitalized, and 3,000 die each year from foodborne disease (<https://www.cdc.gov/foodborneburden/index.html>). Older and frail adults are more susceptible to complications from foodborne disease, including dehydration, nutritional imbalance leading to complications in chronic condition management, and septicemia.

## Implication for Our HomeHaven Community.

We are all older and therefore more susceptible to changes in our climate. To protect ourselves and our community members, it is important for us to be aware of the health risks associated with climate change. Extreme heat events and poor air quality are two changes that we can anticipate affecting large numbers of us. Identifying those who are particularly susceptible to these associated health consequences is especially important.

---

*Pat Jackson Allen, a member of Amity Village and of HomeHaven's Health Committee, retired in June 2014 from the Yale School of Nursing where she was Coordinator of the Pediatric Nurse Practitioner specialty for ten years. Prior to that, she was director of the Advanced Practice Pediatric Nursing Program at the University of California, San Francisco. Her scholarship has focused on the primary care needs of children with chronic health conditions.*

## MEMO from the HOUSEHOLD COMMITTEE

Summer travel season is starting. Some reminders before you leave:

- Notify your local police and alarm company.
- Be sure all windows & doors are locked.
- Clean out the refrigerator of perishable foods.
- Take out the trash.
- Make arrangements for your mail and newspapers.
- Be sure your lawn is maintained while you are away.
- Set a few timer lights to go on and off in your house.
- If possible, turn off the water to your washing machine.
- Be sure your outdoor dryer vent is not clogged open.
- Make an arrangement with a trusted friend to check the house and pick up unsolicited papers/flyers.
- Let a trusted neighbor or friend know your travel plans, and give them a number where you can be reached.
- Unplug any electrical devices that could be harmed by a power surge or lightning.
- Arrange to have your pets boarded or cared for while you are gone.

**Now, forget about the house,  
and enjoy your trip!**

### PLEASE TAKE A MINUTE!

**If you've been helped by HomeHaven's  
referrals to service providers, please  
call the office or drop us a note and  
tell us about the experience.**

**We'd like to know how things turned out.**

**203-776-7378**

## SMILE! You're on Amazon.com

Did you know that your online purchases from Amazon can benefit HomeHaven?

AmazonSmile is a program through which Amazon donates a portion (0.5%) of the purchase price of eligible products to a registered charitable organization that you designate.

Here's how it works: When you shop at Amazon, log in by going to [smile.amazon.com](https://smile.amazon.com), a website almost identical to amazon.com, where you will find nearly all the same products at the same prices. You will be asked to select the organization to receive the donation from your purchases. Choose HomeHaven from the list. Browse and shop as usual. When you check out, you will see the amount of your donation. It may look small, but if you are like many of us who do more and more of our shopping online and much of it at Amazon, these donations add up and are an easy way to help HomeHaven. On subsequent visits to Amazon, AmazonSmile and HomeHaven will come up directly. For more detailed information, go to <https://org.amazon.com/> and click on the header, **About AmazonSmile**.

### HomeHaven Seeks Volunteer Chair for "Great Give 2020"!

The Great Give is a community fundraising program sponsored by the Community Foundation for Greater New Haven each May. It has yielded a significant portion of HomeHaven's annual donations through individual contributions and program prizes and awards.

We are looking for a volunteer to chair the 2020 campaign. Working with members of the Fund Development Committee and the office, the chair will be responsible for formulating and carrying out a plan for our participation. We look forward to another successful Great Give effort in 2020!

To volunteer or for more information contact Frank Estes, Fund Development Chair, at 203 393-3159 or [estesfw@hotmail.com](mailto:estesfw@hotmail.com).



# COMPUTER CONNECTION: Too Many Photos! – One Woman's Solution

by Christa Sammons

Those digital photographs on the smart phone seem to proliferate at an alarming rate. What to do? I've tried various organizing aids, such as iPhone albums and the photos app that came with my computer. Cloud-storage sites such as Flickr, iCloud, and Amazon Prime photo storage provide back-up and make it easy to share photos with others. In the end, all those systems seemed complicated and time consuming to me, and I was forever forgetting how to manage them. Throwing up my hands in despair, I finally devised my own simple method using my iPhone and my PC desk computer running Windows 10. My system won't help all of you, but maybe it will provide some hints that you can adapt to your situation.

First, I try to prune my photos on the spot, deleting near duplicates and not-so-good ones as soon as I take them. This reduces the bulk of what needs to be dealt with. In the long run, I've found that pictures of people tend to be of more lasting interest than shots of flower beds and distant scenery.

The iPhone automatically organizes my photos by date, which is enough for me. I have only one album on the phone, Favorites, which contains photos I

might want to access quickly in order to show them to someone else. To create this album you simply tap the heart below the photograph. I keep the collection current by untapping the heart on some pictures as I add new ones.

To get pictures from the phone to my computer, I email them to myself. When I open those emails on my computer, I download the photos to the "pictures" directory that was already set up on the computer when I bought it. In the same way I can download photos other people email to me.

In the computer's pictures directory, I create folders for different subjects—cats, grandchildren, holidays 2018, etc. I simply drag each new picture into the appropriate folder. This also works for the old photographs I scan. The scanner delivers them to the picture directory, and I move them to their appropriate folder—grandma, grandpa, old family groups, for instance. Then I try to remember to back up the whole thing!

So that's it, folks. One woman's solution to the photos problem. The HomeHaven IT committee knows that this issue is important to many of you and will be offering workshops on photo management.

---

*Christa Sammons is a member of HomeHaven's Information Technology (IT) Task Force. Suggestions for subjects are welcome and may be sent to Christa at [christa.sammons@gmail.com](mailto:christa.sammons@gmail.com).*

---

---

## LINKING UP

*Links to items of interest recommended by newsletter readers. We welcome your comments about these links and your suggestions for others.*

Three from the *New York Times*:

"Lessons on Living From My 106-Year-Old Aunt Doris." Love, meaningfulness and the power of connection don't stop just because we get old. <https://www.nytimes.com/2019/05/22/well/family/lessons-on-living-from-my-106-year-old-aunt-doris.html>

"The Elderly Are Getting Complex Surgeries. Often It Doesn't End Well." Complication rates are high among the oldest patients. Now a surgeons' group will propose standards for hospitals operating on the elderly. <https://www.nytimes.com/2019/06/07/health/elderly-surgery-complications.html>

"Ageism: A 'Prevalent and Insidious Health Threat.'" <https://www.nytimes.com/2019/04/26/health/ageism-elderly-health.html?action=click&module=Well&pgtype=Homepage&section=Health>

---

## HELP FOR CAREGIVERS –

### Is this for you?

A Yale Stress Reduction Study for partners of people with early stage dementia is seeking participants who are at least 60 years old and living with a person in need of care. The study aims to develop a support strategy that can help lower the stress of caregiving. Participants will receive three short home visits, where they will learn stress reduction techniques. Both partners will be asked to complete a survey and each couple will receive up to \$200 in compensation. Those who attended the film "To Whom I May Concern" in June may have met Lyndsay DeMatteo (MSG, RN, and MSN candidate in Adult Gerontology), who is recruiting participants. If you are interested, please contact Kate at the office for more information.

## VOLUNTEER VOICES: Linda Burt

*Interview by Kaye Maggart: This is part of a series about HomeHaven members who enjoy volunteering in the community. Linda Burt is a member of Downtown Village.*



**KM** *The Neighborhood Music School's Interim Executive Director tells me that you have been on its board "since the parting of the seas?" Is that right?*

**LB** More like 30 years. At first, I took piano lessons in a performance class for adults; then I began volunteering in the office and with events when they needed help. They asked me to come on the Board in 1996.

**KM** *I imagine you have seen many changes at Neighborhood Music School (NMS) over this time. What stands out in your memory?*

**LB** The last few decades have been a time of great expansion and program revitalization for the Music School. The four million dollar budget this year supports over 2,000 students. More than 100 faculty members provide music, drama, and dance lessons to students of all ages. There is a pre-school and an after-school program, a summer camp program, and more than 100 ensembles, big and small. NMS provides financial aid and offers many free classes.

**KM** *Do you take any NMS classes yourself now?*

**LB** Yes. I am taking a new adult class called *Dance for PD*, which began in Brooklyn at the Mark Morris Dance Group. It is designed to enhance strength, flexibility, and balance for those with Parkinson's Disease or other movement issues. Mostly, though, it emphasizes the joy of interacting with others through music and movement.

**KM** *Where are the Dance for PD classes held?*

**LB** In three locations — Hamden, Branford, and Middletown. Hamden classes are Tuesday mornings at Whitney Center and are open to HomeHaven members. Anyone who has mobility issues can benefit – not just those with Parkinson's Disease. Caregivers are welcome, too, of course. Best of all classes are FREE.

---

*\*Note: See Events on page 10 for the summer schedule of Dance for PD classes at Whitney Center. For additional information, go to Neighborhood Music School website: [nmsnewhaven.org](http://nmsnewhaven.org).*

**KM** *Can you describe your class?*

**LB** In my *Dance for PD* class at Whitney Center there are eight or nine people. Two or three may have Parkinson's, but others are just slightly impaired. We sit on chairs in a circle and the teacher demonstrates movements which we follow or interpret on our own. It feels wonderful to connect with the beautiful music and let your limbs reach out freely.



*Dance for PD class at Whitney Center led by teacher Laura Richling*

**KM** *How can HomeHaveners register?*

**LB** By calling the Neighborhood Music School at 203-624-5189 or going online to [nmsnewhaven.org](http://nmsnewhaven.org). Since *Dance for PD* is funded through grants and donations, it is tuition free.

**KM** *Was your professional background in music or dance?*

**LB** Not at all. I was a speech pathologist. I worked with adults with communications disorders in various settings, including Yale New Haven Hospital, where I supervised students from Southern CT State University. Later I worked at Gaylord, as well as with a home health agency in New Haven.

**KM** *And you volunteered at the Neighborhood Music School all during this time?*

**LB** Yes. Given my interest in communication, music was just an extension of that. I really believe in the power of music to create joy and connection among people. The most fabulous thing about NMS is that sense of community.

## Downsizing Donation Guide: It's a Win-Win!

East Rock Village member Jeffrey Sammons reports that he has already benefited from *The Downsizing Donation Guide*, introduced in last month's HomeHaven News. "Using the *Guide* I have managed to dispose of several large pieces of yard equipment, including a lawnmower, a wood chipper, and a leaf vacuum, along with several other items," Jeffrey writes. "The donee, the New Haven Land Trust, accepted them enthusiastically."

The *Guide*, researched and organized by Elaine Piraino-Holevoet, is in two parts: the first lists items to be donated; the second lists organizations and the kinds of items they would find useful and be happy to accept. Jeffrey and the Land Trust were clearly a good match!

*The Downsizing Donation Guide* is available on the home page of the HomeHaven website ([www.homehavenvillages.org](http://www.homehavenvillages.org)) for all to read and download.

## VILLAGE VERSE: Rescued?

She found me in a shelter,  
Now rescued from abuse.  
Calmed by her soft manner,  
I was no longer on the loose.

She took me off to see a Vet  
Who said I "needed work"  
And then we went to her abode  
Where his advice she did not shirk.

In the morning she took me running.  
With a leash around my neck.  
We ran and ran for many miles  
'Til my legs felt like a wreck.

She left no time for sniffing,  
Or to put my own scent down.  
I could hardly keep on breathing  
As we raced around the town.

Each day the run was longer,  
More exhausting than before,  
So after weeks of new found "freedom"  
I escaped through her back door.

I made my way from whence I came,  
To the shelter so adverse.  
So be careful if your wish comes true,  
For it could indeed be worse.

— Bob Gifford, Doctor of Doggerel

## LAUGHTER: Good to the Last Drop!

The insurance agency I work for draws business from a retirement community. Once, when applying for auto insurance for a client, I asked him how many miles he drives in a year. He said he didn't know.

"Well, do you drive 10,000 miles a year?" I asked, "or 5,000?"

He said the numbers sounded high. "What month is this?" he asked. I told him it was July.

"Maybe this will help," he said. "I filled the car with gas in February."



### *Happy Birthday to HomeHaven members with a birthday in July*

Al Atherton Bill Brainard  
Susie Burnett Phoebe Edwards  
Frank Estes Susan Feinberg  
Polly Fiddler Edie Fishman  
John Hartigan Aimlee Laderman  
Dorcas MacClintock Libby Meyer  
Stephen Parks Paula Resch  
Rose Rudich Christa Sammons

### *or in August*

Anne Bell Betty Berner  
Victor Bers Susan Brisman  
Natalie Charkow Hollander Carolyn Gould  
George Jafferis Charlie Kingsley  
Sharon Matthews Andrew McLaren  
Normand Methot Leona Nalle  
Sam Peterson Sheilah Rostow  
John Sawyer Jo Shepard  
Dick Snyder Roxanne Turekian  
Lynda West JoAnn Wich  
Liz Wolf

# HOMEHAVEN ACTIVITIES & NEWS FROM OUR VILLAGES

by Susan Feinberg

## “Ancient Mesopotamia Speaks” and HomeHaveners Listen

HomeHaveners who toured this exhibit of highlights from the Yale Babylonian Collection at the Peabody Museum of Natural History last month had the good fortune to have a marvelous guide, Yale Professor of Assyriology Eckhart Frahm. The depth and breadth of his knowledge, along with his enthusiasm, kept us all engaged for over an hour.

The exhibit is arranged thematically and what strikes one almost immediately—beyond the exquisite quality of the items on view—is the timelessness of the problems facing these ancient Babylonians. There are cuneiform

tablets dealing with adultery, divorce, and fraud, as well as love letters, recipes, and inventories. There are tablets on social justice, astronomy, and warfare. There are examples of school exercises and even a discussion of building a wall to keep out undesirables (it didn't work!). For those interested in literature, there are tablets from the Gilgamesh. Thanks to modern technology, you can watch a video of someone actually writing a letter in cuneiform, then placing the tablet in a clay “envelope” and folding it neatly around the letter. The recipient, of course, had to break it to read the letter. Yale is fortunate in having two letters that have not been opened.

The exhibit will be on view through June 2020. Try to visit when the museum is not too crowded so you can take your time looking at these small, amazingly preserved items, some over 4,000 years old.



Photo by Lauri Lowell

*Gilgamesh (seated),  
King of the Sumerian  
city-state of Uruk*



Photo by Bill Brainard

---

## Westville Architectural Walk

Westville's second architectural walk, for a group of Westville and Amity Villagers, provided new insights into the eclectic nature of some of the elegant homes in Westville. Last year's walk focused on the Alice Washburn homes; this year's, on other homes of architectural interest, mainly on McKinley Avenue. Kelly Chiarandini, architect and guide, emphasized



the variety of styles, from the very American Craftsman construction, to an English cottage, to Tuscan, Spanish, Colonial, Tudor, and Victorian homes. She also pointed out examples of many different styles of dormers on one street.

A highlight of the tour was going inside one of the homes and viewing a plant growing from the first floor all the way up to an attic window. Also surprising were the “grotesques” that decorated the outside of one of the homes. Though in a position that suggests a gargoyle, they are not used as drain spouts and are therefore called “grotesques.”

The day was perfect, the walkers intrepid, the houses fascinating, and the company congenial. The lovely afternoon ended at Susan and Harvey Feinberg's Tudor home where everyone enjoyed wine, cheese, sweets, and conversation.



Walk photos by Cecilia Berner



# Events: July and August



*The office will close for the July 4 holiday at noon on Wednesday, July 3, and reopen on Monday, July 8 at 9:00 am.*

**Saturday, July 13, 3:30 pm**

**Rain date: Saturday, August 10.**

## **Walk the Trolley Trail in Stony Creek**

Join HH member Manana Sikic on a slow trail walk along the Trolley tracks in Branford, across the marshland to see nesting egrets and beach flora. Meet at the Branford Trolley Trailhead in Stony Creek at 3:30pm. Parking available on 11 W Point Rd, Branford. Carpools encouraged. Please login to the HH website to register online and answer the carpool questions. Or call the office.

**Tuesdays, July 16, 23, 30, & August 6 & 13,  
10:00 - 11:15 am**

## **Dance for PD Class**

Dancing with Parkinson's class with instructor Laura Richling of Neighborhood Music School. Classes are held at Whitney Center for those with Parkinson's & other movement related disorders. Free & open to the public. Caregivers welcome. Registration not required. Whitney Center Cultural Arts Center. For more info email Laura Richling: [lrchling@nmsnewhaven.org](mailto:lrchling@nmsnewhaven.org)

**Wednesday, July 17, 3:30 - 5:00 pm**

## **Palestine Museum**

**1764 Litchfield Turnpike, Suite 200, Woodbridge**

A docent led tour. The Palestine Museum US is the only museum of Palestinian art in the United States. You will be guided through the collection of works by artists in various media by Dina Omar, a graduate student at Yale. The museum requests a donation after the tour. Afterwards, enjoy supper and music at Solun Tapas Bar, 245 Amity Rd. in Woodbridge. Please login to the HH website to register online and answer the carpool questions. Or call the office.

**Tuesday, July 23, 3:00 pm**

## **Eileen Hogan Exhibit at the Yale Center for British Art**

A tour of the exhibit led by Margaret Mann. Eileen Hogan is a living artist (b. 1946) whose focus is very much in the British figurative tradition: landscape and portraiture. Everyone coming to the tour is urged to visit the website ([britishart.yale.edu](http://britishart.yale.edu)) and click on the video link to Eileen's opening talk. Please login to the HH website to register online and answer the carpool questions. Or call the office.

**Wednesday, August 14, 5:00 - 7:00 pm**

## **Vegetable Garden Party**

A potluck party for all HHers, rain or shine, in Carolyn Gould's beautiful garden and on her screened porch. Members should call or email the office to RSVP & get directions.

**Thursday, August 22, 6:00-8:00 pm**

## **Thimble Islands Cruise**

Join HH friends for a lovely evening on the water, cruising the Thimbles as the sun sets. Bring your own picnic (food & beverage) and a warm jacket (it can be chilly on the water)! \$20 gets you on the boat but seats are limited! Registration & payment are required by Monday, July 22. Please login to the HH website to register online and answer the carpool questions. Or call the office.

## **HOMEHAVEN OFFICE**

**☎ 203-776-7378 ☎**

**[hhkateh@gmail.com](mailto:hhkateh@gmail.com)**

### **Generous support for HomeHaven provided by:**

Advanced Periodontics, P.C.  
(203) 288-5916

Caffe Bravo  
(203) 772-2728

The Wine Thief  
(203) 772-1944



35 Hamden Hills Drive, Hamden  
203-248-1864

**Coachman Square**

at Woodbridge

21 Bradley Road, Woodbridge  
203-397-7544



[www.seaburyathome.org](http://www.seaburyathome.org)



An Innovative Concept in Long Term Care Planning

[www.SeniorChoiceAtHome.org](http://www.SeniorChoiceAtHome.org)

203 365-6491



WITH WHITNEY CENTER

[www.thriveathome.org](http://www.thriveathome.org)

203-848-2626



LIVING ASSISTANCE SERVICES

203-298-9700

## **ONGOING EVENTS**

**The Ongoing Groups — COOKING IN A DIFFERENT LANGUAGE, DINING OUT AROUND THE WORLD, MEMOIRS, and PINS & NEEDLES — do not meet in the summer. Look for their next meeting dates in the September issue.**