

### Message from the Executive Director: A Collaborative Community



What does it mean to be a virtual village, or rather *six* virtual villages? As technology, medicine and the climate change by the minute, HomeHaven members benefit from the collective wisdom of more than 200 people, aging *together*, sharing experiences about many aspects of present-day elderhood.

HH is a blend of organizational structures and the people who populate them. What are the unique ties that bind the villages together? Are they the office and staff? We couldn't run HomeHaven without the space at 291 Whitney and our dedicated office administrator and membership coordinator, but that's not what makes HomeHaven distinctive.

There's a glue that binds together this loose grouping of individuals across one city and five towns into a highly functional entity. A wise Village Leader recently said HH is a 'collaborative community.' Parsing the word 'collaborative,' you get: cooperative, concerted, collective, joint, combined, shared, two-way, common, united, mutual. Sounds like a working village to me. HomeHaven runs as the concerted effort of over 100 volunteers serving on 11 committees: raising funds and seeing to the financial affairs and governance of the organization, planning activities, solving IT problems, and attending to health and wellness, household services, visiting,



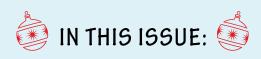
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and driving. That's the connective tissue that brings HomeHaven alive.

The many ways members serve and care for each other – *that* is our organizational glue. Some give an hour a day; others an hour a week or a month. A few volunteer dozens of hours per month, without which HomeHaven would, sadly, cease to function effectively. (You know who you are, and we thank you.)

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Angels.

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When you join, there is no requirement to volunteer. But we encourage you not only to enjoy the outings, go to the coffees, cook in different languages, write memoirs, and avail yourself of recommendations for service providers, but also to find a way to contribute to the community, in your village or on a committee. Ask your Village Leaders if there is anything they need help with; there is surely something large or small you can do to contribute to the good of the whole or to help just one person.

I invite you to get involved in whatever way suits you. What is your interest? Where is your expertise? What can you offer? Many of our committees would welcome your participation even if just for a few hours a month. Let Kate know if you'd like to come in to cover the phones for an hour or help get out a mailing. Perhaps you can offer a ride or visit someone nearby or on the other side of town. Do you play an instrument? Perhaps you can help organize our musical members into a roving cohort of 'musical visitors' bringing brief recitals into members' homes.

Social isolation is bad for one's health, plain and simple. HomeHaven offers a remedy, but it only works if you work it!

Wishing you a healthy and joyous holiday season,



#### **HomeHaven News**

Ellen R. Brainard, *Editor* <u>erbrainard@gmail.com</u> Jane Jervis, *Associate Editor* <u>hhjervis@gmail.com</u> Published by HomeHaven, Inc. 291 Whitney Avenue, Suite 103 New Haven, Connecticut 06511 203.776.7378 <u>info@homehavenvillages.org</u>

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### **Our Mission Statement**

HomeHaven's mission is to support its members' desire to remain in their own homes as they grow older. To help them remain active, independent and useful, we offer social and educational activities and volunteer opportunities. As needed, we offer volunteer services, companionship, and referrals for professional services.

#### **PLEASE JOIN US!**

For information, call the HomeHaven office at 203.776.7378 email info@homehavenvillages.org or stop in at 291 Whitney Avenue, Suite 103 New Haven, Connecticut 06511

"The best way to find yourself, is to lose yourself in the service of others."

- Mohandas Gandhi



# ... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 40 rides by volunteer drivers
- 32 visits by volunteer visitors
- 11 computer assists by volunteer computer helpers
- 21 referrals to volunteers or vetted providers for household help

Note: Members often call a service provider more than once without informing the office. You can help us keep records by always letting us know each time you use a provider we recommended. *It's important!!* 

Look for monthly reports giving rolling threemonth totals.

## Memo from the Household Services Committee PREPARE FOR WINTER!

We are entering the darkest time of the year with shorter days and longer nights. Bruce Lawler, our own Certified Aging in Place Specialist, recommends the following steps in preparation:

Check that your outside lights are working and make sure to aim them toward those areas where you will be walking or standing and will need the illumination.

- Make sure that all stairways and hallways are lit well enough to be safe.
- Check that you have night lights in the proper areas throughout your home.
- Check the batteries on your flashlights and make sure they are placed in handy locations for immediate use.

As the weather turns toward colder, make sure of the following:

- Outdoor items are secured and/or properly put away
- Storm windows are installed
- Walkways are kept clear. Wet leaves can be just as slippery as ice.

- Check that smoke and carbon monoxide detectors are operating, if electric, and that batteries have been replaced.
- If you do not have smoke and carbon monoxide detectors, now is the time to get them! This is a major requirement for safe house maintenance.
- HAVE YOU CONFIRMED YOUR SNOW REMOVAL ARRANGEMENTS? The office has a list of recommended vendors for your use.

The Household Committee strongly recommends that everyone have a house safety inspection. This comes with your membership and we should all take advantage of being shown how to make our homes safer. If you have not had your house or apartment inspected, please call the office and make an appointment to have Bruce walk through your home with you. You will be amazed at how small steps can make a large difference in keeping us from having accidents at home.

### IN MEMORIAM ELISE FORD KNAPP (1924-2018)



Elise Trowbridge Ford Knapp, a lifelong scholar of English literature, died Sunday, October 21, at her home in New Haven. She was a member of East Rock Village.

Elise was born in Honolulu, Hawaii, to the late Brig. Gen. William Wallace Ford and

Alice Trowbridge Harris Ford. Following her father's many army postings, she had attended schools in seven states by the time she entered Duke University in 1940. She married Robert Phineas Knapp, Jr. of Manchester, Connecticut, at Fort Sill, Oklahoma, in 1943, and moved to New York after the war, where Elise became the first married student at Barnard College. She graduated Magna Cum Laude and Phi Beta Kappa in 1949. After 15 years in Port Washington, NY, the family moved to Redding, Connecticut, where Elise was active in community affairs. She earned a Master's degree from Western Connecticut State University in Danbury in 1971 and a PhD in English from Columbia University in 1975. She went on to teach and head the English Department at Western Connecticut State University for over 20 years.

Predeceased by her husband in 2000, Elise was the mother of David M. Knapp, Michal Knapp Brownell, Robert P. Knapp III, and Frederic H. Knapp. She is also survived by 12 grandchildren and 11 great-grandchildren.

### HEALTH MATTERS: Medical Alert Systems by Ronald T. Rozett, M.D., M.P.H.

Since the February 2017 article appeared, the online version of *Consumer Reports* in its April 2018 issue published an updated review of nine medical alert systems. I have included the URL for this review at the end of this article and believe it is the most authoritative, comprehensive resource on this subject.

Briefly, medical alert systems are important for any of us concerned about falling or losing consciousness without being observed. The accepted principle of these systems is that to be effective they must be carried on your body at all times, including in the shower or bath. Smartphone technology is tempting, but it fails to meet the requirement of being available on our bodies at all times, especially in the shower or bath and in bed. Also, digital assistants such as Alexa

**ACTIVITIES:** Gallery Tour



Viewing the George Shaw exhibition at the British Art Center are Louis Audette, Jeannie Drury, Margaret Mann (tour leader), Judith Colton, Andrew McLaren, and Lynda West. In the background, Shaw's The Rude Screen. The tour will be repeated on December 5th at 3:00 pm. (See Events, p. 10, for details.)

and Google Home cannot dial 911 the way standard medical alert systems can.

As the *Consumer Reports* article points out, there are three basic questions you must answer before purchasing a system:

- 1. Do you want a home-based system or a mobile system? Most of us are able to leave our homes so a mobile system is important.
- 2. Should your system be monitored or not? I believe it is reassuring to have a trained person at the other end of the line. This makes a monitored system, in my opinion, more reliable than a system relying on the response of a relative, friend, or neighbor. The latter is an option for less expensive unmonitored systems in which pressing the medical alert system button automatically dials someone of your choosing.
- 3. Should you add a fall-detection feature in which the wearable device can detect falls, alerting the call center? This makes a medical alert system more expensive; but the fall detection feature is not foolproof. It is sometimes activated if you drop the device or if you momentarily lose your balance without actually falling.

Rather than attempt to summarize the comprehensive *Consumer Reports* article here, I am including a link to the article evaluating nine medical alert systems. It discusses the features, the activation fees (where applicable), and the monthly charges associated with each system: <u>http://www.consumerreports.org/medical-alert-systems/how-to-choose-a-medical-alert-system/</u>

\*To read this article, log on to the HomeHaven website. Click on <u>Newsletters</u>, then on "To see earlier newsletters, click <u>Newsletters</u>." Under Document Folders, click on the yellow <u>Newsletters folder</u>, then on 2017 <u>Newsletters</u>; then on February 2017 <u>Newsletter</u>, then on the green Download symbol. The article is on p. 4. If you have trouble accessing the issue, Kate can help you.

Dr. Rozett is a member of Hamden Village and serves as Chair of HomeHaven's Health Committee. He has been on the faculty of the Yale School of Medicine, was medical director of the Community Health Care Plan (CHCP), and an administrator at Gaylord Hospital. He is currently on the Board of Directors of Whitney Center.

## MEET OUR MEMBERS: A Conversation with Frances Irvine and Andrew McLaren by Jane Jervis



I met with Francie and Andrew in their five-story brownstone in East Rock — high ceilings, pocket doors, majestic stairs, and stupendous chandeliers. They laugh about moving there because it was too hard to wrestle groceries from their car to their thirdfloor condo on Whitney Avenue. The plan had been to find a place with an elevator or without stairs, but they fell in love with their new house as soon as they saw it — so there went the plan.

Both children of military families, they exhibit a cheerful matter-of-factness about the vagaries of life. Andrew, a Scot by ancestry, read History at Cambridge University and then was persuaded by a friend to try America. He taught at St. Bernard's School in New York City, spent a few years as an advertising copywriter, and then became head of three schools, ending up at the Little Red Schoolhouse and Elisabeth Irwin High School in Greenwich Village. But 9/11 struck just blocks away from where he lived, displacing him. The same friend who brought him to the U.S. invited him to come to New Canaan Country School and introduced him to the Assistant Head of School, Francie. Before they knew it they were married, when a new job with the Association for Independent Schools in New York State made it possible for Andrew to move to New Canaan.

Born at Fort Bragg, where her father was on his way to becoming a three-star general, Francie moved often as a child. After college at Smith, she started teaching at the Foote School, where she became friends with Patty Langdon. Many years later, in 2017, Patty was to persuade Francie and Andrew to join HomeHaven but I'm getting ahead of myself. Francie's experience as a teacher led her to move into administration. She had observed that many teachers had difficulty making decisions in an environment where decisions were sorely needed — likely a carryover from her military upbringing. Moving to head the Ecole Bilingue (now the Lycee International de Boston - ironically in Cambridge), she eventually worked at Shady Hill School before relocating to the New Canaan Country School.

Francie and Andrew moved to New Haven in 2012 when they both retired, having bought their apartment five years previously. They enjoy living in the city and being able to walk downtown. Avid travelers, they explore the world with friends, having gone to Russia, Peru (Machu Picchu), Turkey, India, China, France, Portugal, Africa, Scotland, and England. Francie works part time in admissions at Choate, teaches English as a Second Language for Literacy Volunteers and for IRIS, where she also works at their community garden, and is on the board of the Foote School. She hopes to join HomeHaven's Activities Committee. Andrew is on the board for Fellowship Place, and on HomeHaven's Household Services Committee. Andrew is also a woodworker with a shop in his basement; he has designed and made most of their dining room and kitchen furniture, plus innumerable pieces for family and friends. It all started, he said, with a shop teacher when he was 11 years old, and he hasn't stopped since.

Both Andrew and Francie were married previously. Andrew has three children: a son who is a farrier in Colorado; a screenwriter son in California who recently sold a movie to Netflix; and a daughter who is a school administrator in Rye. They have three grandchildren, two of whom are nearby, leading Francie to discover to her great surprise that she is a born "baby whisperer." They are devoted to one another — and also to that wonderful English friend who introduced Andrew to the States and them to each other.

# VILLAGE VERSE Big Money

Our culture is awash with big money at the helm. From politics to sports, mighty dollars are the realm. Advertisers dominate the programs that we watch. With ads that often twist the honest truth

a vital notch.

- You cannot run for office without big money in the bank.
- So you have to seek rich donors whom you then may have to thank

By voting for their interests regardless of your views, An inconvenient option that sadly many choose.

College football has now joined the tainted money game.

- Recruits are used as pawns to propel the school to fame.
- They build enormous stadiums with no semblance of abash,
- And with television contracts they rake in tons of cash.

Baseball playoff games are scheduled late at night When advertisers know that the audience is right

To respond to all the TV ads; more dollars to be grossed.

But children who have gone to bed are those who lose the most.

Lavish family weddings are now beyond control And holiday commercials seem that money is the goal.

Tuition escalations and the taxes that we pay, All require big money to my ultimate dismay.

So I sought a clever way to find big money on my own

And I entered the huge lottery to win it all alone. But even though old lady luck was nowhere

on my side,

I probably was lucky that big money was denied. — Bob Gifford, Doctor of Doggerel, East Rock Village

## PLEASE TAKE A MINUTE!

If you've been helped by HomeHaven's referrals to service providers, please tell us about the experience. We'd like to know how things turned out.

203-776-7378

# LAUGHTER: THE BEST MEDICINE Your Duck is Dead

A woman brought a very limp duck to a veterinary surgeon. As she laid her pet on the table, the vet pulled out his stethoscope and listened to the bird's chest. After a moment or two, the vet shook his head and sadly said, "I'm sorry, your duck, Cuddles, has passed away."

The distressed woman wailed, "Are you sure?"

"Yes, I am sure. Your duck is dead," replied the vet..

"How can you be so sure?" she protested. "I mean you haven't done any testing on him or anything. He might just be in a coma or something."

The vet rolled his eyes, turned around and left the room. He returned a few minutes later with a black Labrador Retriever. As the duck's owner looked on in amazement, the dog stood on his hind legs, put his front paws on the examination table and sniffed the duck from top to bottom. He then looked up at the vet with sad eyes and shook his head.

The vet patted the dog on the head and took it out of the room. A few minutes later he returned with a cat. The cat jumped on the table and also delicately sniffed the bird from head to foot. The cat sat back on its haunches, shook its head, meowed softly, and strolled out of the room.

The vet looked at the woman and said, "I'm sorry, but as I said, this is most definitely, 100% certifiably, a dead duck." He turned to his computer terminal, hit a few keys and produced a bill, which he handed to the woman. Still in shock, she took the bill. "\$150!" she cried, "\$150 just to tell me my duck is dead!"

The vet shrugged, "I'm sorry. If you had just taken my word for it, the bill would have been \$20, but with the Lab Report and the Cat Scan, it's now \$150."

Heard any good jokes lately? Our thanks to Pat Allen for this one. Contributions (funny but inoffensive, please) are always welcome.

"Winter came down to our home one night Quietly pirouetting in on silvery-toed slippers of snow, And we, we were children once again." \*\*

<sup>-</sup> Bill Morgan, Jr.

### Volunteer Voices in the Community: John Sawyer

Interview by **Kaye Maggart**: This is part of a series about HomeHaven members who volunteer in the community for organizations that would welcome assistance from others.



KM You have been doing both community and professional volunteering for a long time. How did it all start?

*JS* My wife, Pam, and I have been active members at the United Church on the Green since the 1980s. I am Assistant Treasurer there now and have been Chair of the Building Committee for ages.

# KM Isn't it a very old building? That must be quite a task.

*JS* Yes, it was built in 1812. And the Parish House — the large brick building on the corner of Temple and Wall Streets – was built in 1961. It is one of the locations for the Downtown Soup Kitchen. For several years, I acted as Property Manager for both buildings; they host over 800 separate community events annually.

# KM Your other volunteering began during your professional years, didn't it? What did that involve?

JS I moved to New Haven in 1976 and went to work for Winchester Firearms — first as Manager of Manufacturing Systems, then as Director of Information Technology, where I brought in some of the first desktop PC computers. I had also become a member of APICS (American Production and Inventory Control Society), a volunteer professional society for manufacturing and supply chain work, and I became a founding member of the New Haven chapter in 1980.

#### KM What sort of volunteer work did you do for APICS?

JS I taught certification classes for workers in the manufacturing and inventory field. APICS is primarily an educational society for people involved in supply chain activities. It offers several certification curricula — a bit like CPA exams that accountants take to gain recognition in their field. There are 175,000 APICS members worldwide.

# *KM* And did you continue teaching APICS certification classes throughout your career?

JS Yes. After Winchester, I went to work for Sikorsky in 1989 and stayed until my retirement in 2009. All through this time I continued teaching classes – and still do.

# KM Where do you teach? Has your routine changed in retirement?

JS I teach one or two classes a week at manufacturing companies in Trumbull and North Haven. It's much easier now that I don't have to be at work every day by 6:00 am — especially in winter. At Sikorsky I rarely saw the sun till the weekend, since the huge manufacturing building has almost no windows. Now I can drive to classes in the daylight.

KM How did you hear about HomeHaven? Was it through your local volunteering or your neighborhood? JS Pam and I were looking to add a new community of friends and knew two HomeHaven couples from the United Church on the Green. Also we live in Beaver Hills, and Susan Feinberg had been after us for a while to join. It turned out to be one of the better things we have done, as we have proven to ourselves that we are not too old to make new friends. Pam and I have both become active on HomeHaven committees — she on the Board and as chair of the Governance Committee and I on the IT Committee. It's been wonderful to have this new group of friends and activities — and committee volunteering is a great way to get to know them.\*

Note to HomeHaven members: If you volunteer for a community organization that is looking for help and would like to explain its work to others in a "Volunteer Voices" interview, please contact Kaye Maggart at kwileymaggart@comcast.net or call the office for other contact information.

<sup>\*</sup> HomeHaven committees that are looking for new members are: Visitors Committee, Recruitment Committee, IT/Computer Committee, Household Services Committee, Activities Committee, and Volunteer Drivers. Those interested call the HomeHaven office: 203-776-7378.

## Computer Woes by Christa Sammons

Computer woes, they come and go Like holidays and mistletoe. The printer's jammed, the ink won't flow, The Internet is extra slow. The email's full of gaudy ads, Facebook's full of silly fads. The whole darn thing just won't turn on, Important files are just plain gone. Familiar screens are grabbed away By updates that are here to stay. PDFs and ISPs, From acronyms I wish to flee. Explosive screens foretelling **DOOM** Make me want to leave the room. I can't boot up! What shall I do? The network's down, the power too. Dropbox, downloads, GoogleDocs, Safari, Chrome, and Firefox: It's all too much, I cannot cope, And yet there is a ray of hope: With all these woes I'm not alone, I'll call HomeHaven on the phone!

If you're having trouble with your computer or other electronic devices, call the HomeHaven office at 203-776-7378. Kate will arrange a consultation with one of our volunteers.

Christa Sammons is a member of HomeHaven's Information Technology (IT) Task Force. Suggestions for subjects are welcome and may be sent to Christa at christa.sammons@gmail.com.



And for all who have resolved to GET MORE EXERCISE this year, herewith a little encouragement:

"Exercise ferments the humors, casts them into their proper channels, throws off redundancies, and helps nature in those secret distributions, without which the body cannot subsist in its vigor, nor the soul act with cheerfulness."

- Joseph Addison (1672 - 1719), The Spectator, July 12, 1711

# NOW SHOWING: Paintings by Nancy Schumacher

An exhibit and sale of paintings by East Rock Villager Nancy Schumacher is on display at Claire's Corner Copia now through December. A reception for Nancy will be held at Claire's on Tuesday, December 11, from 6:00 pm on. All are welcome! (see Events p. 10 for details).

Nancy's mother was an artist and Nancy has painted most of her life as a form of relaxation. She has a degree in Fine Arts from Southern Connecticut State University, and before that had taken courses at the Minnesota School of Art & Design.



#### Happy Birthday to HomeHaven members with a birthday in December

Carol Bartlett Henry Binder Constance LaPalombara Lauri Lowell Cope MacClintock Barbara Mikolajewska Alec Purves Ron Rozett Brian Skinner Claire Staple Wendy Wells

#### or in January

Scott Braznell Kathy Denardo Ann Feinstein Judy Hickey Francesco Iachello Wayne Meeks Julie Moore Rosemary Plotnick Bruce Russett Gina Sack Bob Sandine Catherine Skinner Arthur Taub Mary-Jo Warren





## HomeHaven Holiday Party! Thursday, December 13<sup>th</sup>, 5-8 pm At the home of Louis Audette

Festive potluck – HomeHaven style! Bring your favorite finger food for 8 to 10. Celebrate the holidays with your friends and make new ones in the true spirit of HomeHaven!

Beverages and live music will be provided.

Please RSVP: (203) 776-7378 or <u>info@homehavenvillages.org</u>

Call your Village Leader if you need a ride.

All family and friends welcome!

## New Dining Out Group Forms

Would you like to participate in New Haven's vibrant restaurant scene more frequently? Then **Dining Out Around the World** may be the activity for you. Each month a group of adventurous eaters will visit a different ethnic restaurant, seeking out small, quiet spots that do not hesitate to give individual checks. And we will try varying the day of the week on which we meet, so that those who have regular commitments on certain days can come at least some of the time.

Our first meeting will take place on Wednesday, January 9 at Au Chalet, a charming Swiss restaurant that serves just two dishes, each with several variations: cheese fondue (in which you dunk bread) and raclette (melted cheese poured over potatoes). There are also salads, desserts, and wine. (*See Events, p. 10, for details.*)

The group is led by Carolyn Gould (<u>lcgould@snet.net</u>) and Kerry Snyder (<u>keralajs@gmail.com</u>). Please email restaurant suggestions to them. If you would like to receive an email invitation every month, please write to Kerry.

# **ONGOING EVENTS**

**COOKING IN DIFFERENT LANGUAGES** 

Monday, December 17, 7:00 pm: Holiday Cookies Sign-up deadline, Friday, December 7 and

#### Monday, January 21, 7:00 pm: Russian Sign-up deadline, Friday, January 11

Join us for delicious food and engaging conversation. New members are welcome. To enable planning, please be sure to RSVP to Celeste Markle by the deadlines at <u>c markle@</u> <u>yahoo.com</u> or 203-397-0492, or call the office. Please also call Celeste for other information.

#### DINING OUT AROUND THE WORLD Wednesday, January 9, 6:00 pm: Swiss cuisine (fondue and raclette) at Au Chalet, 24A Whitney Ave., New Haven

Limited to 10 diners. Sign-up required by Friday, January 4, for this new HomeHaven activity (*see article this page*). Please call the office to sign up.

#### MEMOIRS WRITING GROUPS

The groups meet on the second and fourth Mondays of the month for an hour and a half. For information or to attend a meeting of one of our three groups to see how it works, contact Harriet Bergmann at 203-776-0703 or <u>hfb183@</u> <u>gmail.com</u>

#### PINS AND NEEDLES Monday, January 28 at the home of Anne Schenck

Bring a project and enjoy the company, lively discussion, and refreshments. New members are always welcome at these fourth Monday of the month gatherings. To RSVP, contact Anne at <u>annefschenck@aol.com</u> or 203-787-3705.

## LINKING UP

Links to items of interest recommended by newsletter readers. We welcome your comments about these links and your suggestions for others.

From the *New York Times*: ""Dementia Is Getting Some Very Public Faces:" <u>https://nyti.ms/2DcDfnS</u>



Events: December 2018 - January 2019



### **PLEASE COME** to a Village Meeting:

DO YOU HAVE A PLAN IN PLACE? **Conversation and Resources to** Help Ourselves and Help Each Other

*Please attend the meeting with your village;* however if you cannot attend that one, you may attend any other meeting.

Hamden/No. Haven – Mon. Dec. 3, 2:00-3:30pm No. Haven Library, 17 Elm St., North Haven

Amity/Westville – Mon. Dec.10, 2:00-3:30pm Woodbridge Library, 10 Newton Rd., Woodbridge

ERV/Downtown – Tues. Dec. 11, 2:00-3:30pm University Towers, 100 York St., New Haven

> Please call the office to register and arrange car pools.

#### DECEMBER

Wednesday, December 5, 3:15 pm **Exhibition Tour:** George Shaw: A Corner of a Foreign Field British Art Center, 1080 Chapel St., New Haven

Margaret Mann, a docent at the British Art Center and Hamden Village member will lead a tour of works by Turner Prize nominee George Shaw, one of Britain's leading contemporary painters. Limited to 12 people. Please call the HomeHaven office to sign up.

Tuesday, December 11, from 6:00 pm Art Exhibit and Reception for ERV member Nancy Schumacher Claire's Corner Copia, Chapel & College Streets, New Haven All are welcome! (See article, p. 8)

## HOMEHAVEN OFFICE 🖛 203-776-7378 🖚 hhkateh@gmail.com

Thursday, December 13, 5:00 - 8:00 pm HH Holiday Party Home of Louis Audette (See box, p. 9, for details)



#### **IANUARY**

Sunday, January 6, 2:00 pm An Inside Look at the Woolsey Hall Organ Woolsey Hall, Yale University, corner of Grove and College Streets A walk through the organ, led by Thomas Murray,

Yale University Organist. Limited to 25 participants. Registration required, please call the Office.

Wednesday, January 23, 11:30 am-1:00 pm Non-Medical Home & Respite Care: When Do You Need It? Mickey's Restaurant & Bar 2323 Whitney Avenue, corner of Dixwell Lunch & presentation at Mickey's with Visiting Angels

owner Harvey Glazer and Mike Abel, community relations director.

Directions for parking: Whitney Ave (from New Haven) turn right onto Dixwell, turn right at the light at Washington Ave toward One Hamden Center (KinderCare will be on your right). Follow the road around to the right. Use parking lot on your left, closest to Mickey's.



Generous support for HomeHaven provided by:



at Woodbridge 203-397-7544



Click on the logos to go to the websites.

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